

CONTACT ME

Lauren Allen

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Lauren Allen

Filmmaker

WORK EXPERIENCE

- Director/Cinematographer/Editor

BYU Dance Department - Jun 2023 – Present

Currently working on a documentary for international teaching and learning for the BYU Dance Education program, filmed in Costa Rica.

- Film Director/Cinematographer

Wild Laurel Film LLC - Jan 2023 – Present

I've directed 10 short films and DP'd 9 since January collaborating with a selective group of directors and cinematographers at BYU. Continue to do these small projects.

- BYU Media Arts Equipment Manager

Brigham Young University - Dec 2022 – Present

Operation of film equipment checkout for BYU's film department. I ensure the equipment functions properly before its checkout and after it is returned. I discuss options of improvement and frugality of the tools and their lifespans.

- Camera Operator

Dry Bar Comedy - Sep 2021 – Present

Conduct camera operation and equipment checks to maintain the cleanliness and visibility of the camera throughout the filming process. Safely transport cameras and tools to desired locations determined by the director of and create organizational systems to ensure continuity between shots. When filming concludes, I ensure the safety and return of camera gear and report any equipment malfunctions to the rental companies.

- 1st AC

American Film Institute - October 2022

Led the camera production prep day, organizing and testing equipment. Built and managed the camera each day. Grabbed measurements for camera records. Attained focused images in accordance with the direction of the cinematographer. Coordinate camera movement with my team each day, ensuring the safety of the equipment. Wrapped our camera station at the end of each day.

- Production Assistant

BBC Studios Documentary Unit - June 2023

Prepped and assisted camera and lighting equipment. Obtained location and cast releases. Picked up extra equipment and resources, ordered food for crew, uploaded footage to online drive each day, and sent each physical drive to California and London after the shoot was complete.

- Promotional Editor

BYU Broadcasting - Aug 2020 - May 2023

Edit 30 second - 2 minute commercials for TV shows and movies. Coordinate final product with Post Audio and Color teams. Collect engaging video and audio clips and assemble them into a captivating commercial. Select music and sound effects to create the right mood. Send the final product to Quality Control and then to air on TV.

- It's Just Dinner Podcast - Oct 2021-December 2022

Recorded weekly dating podcast with audio and visual elements. Operated the audio/visual board during production. Verified quality and uploaded content to Youtube and podcast distributors.

EDUCATION

Brigham Young University
Media Arts 2024

LEADERSHIP

BYU Women In Film President

BYU Student Alumni
Representative

ACHEIVEMENTS

BYU Outstanding Women
and Film Award - Faculty
Nominated

BYU Spooktacular Film
Festival Acceptance

MEMBERSHIP

BYU Women in Film Association
BYU Student Film Association

SKILLS

ARRI Certified
Communication
Organized
Takes Initiative